

# LUX\*

SOUTH ARI ATOLL, MALDIVES  
RESORT & VILLAS

30 June 2021

## LUX\* South Ari Atoll Resort & Villas announces a Spiritual Retreat - Spirit of the Sea with Lee Wellness



**Malé** - With the motto of reinventing health and wellbeing, **LUX\* South Ari Atoll Resort & Villas** is delighted to announce their upcoming wellness retreat - **Spirit of the Sea** - in collaboration with **Lee Wellness**. During this 3-day experience, energy healing practitioners will guide you through a spiritual journey to help you understand energy healing and balancing techniques. The retreat is designed in a way that each individual attending the session feels valued and energised from their minds, heals from within and is inspired, at the same time. The Spirit of the Sea retreat is based on the element of 'water', and what better location than the stunning and relaxing **LUX\* South Ari Atoll Resort & Villas** to experience an energy shifting experience.

Past attendees have had profound and powerful experiences through retreats curated by Lee Wellness. The Spirit of the Sea retreat promises healing of the body and mind from trauma, anxiety, emotional distress and limiting beliefs in a safe space that is indulgent and will relax you. The attendees can benefit from 'unlimited' private energy healing sessions, a benefit that is not offered in any other wellness retreat, which also ensures that attendees get the maximum benefits out of their participation.

The highlights of this retreat include, getting to know your chakras, psychic supper, live stories around a bond fire, psychometry, learning about good crystals to promote productivity and focus, learning intuitive eating, clairvoyant evening, yoga and meditation, past lives and Akashic records, traditional healing

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with Reiki, quantum jumping at Jungle Gym, a powerful gratitude & healing circle and unlimited private energy healing sessions. Attendees will also learn about energy from a scientific perspective, how to open and use their intuition, how to release fears and limiting beliefs, how to work with energy from a quantum physics perspective and how to imbibe it into their daily lives to become more abundant, happier and bring mental peace and physical harmony.

Lee Wellness is a Dubai based wellness center that teaches, inspires and practices meditation, energy healing and balancing techniques. It is a space created out of Passion and Ingenuity by world renowned energy healer Lee Whyberd. Most of the energy techniques practiced at Lee Wellness are based on metaphysics and quantum physics. Several ancient methods and practices re-incarnated from ancient civilizations of Egypt, India and other countries in the world are practiced and will be implemented in The Spirit of the Sea retreat as well. Lee Wellness' experienced practitioners will guide you through this spiritual retreat to bring about peace within yourself so that you get the true potential of being abundant, successful and living healthy, fulfilling lives. Lee Wellness in association with 'Happy UAE' is also part of the School of Life podcast focused on happiness and well-being, which is an initiative that is part of UAE's National Wellbeing Strategy 2031.

Go green with your breakfast, lunch and dinner, as part of the retreat, with a choice of vegan and vegetarian menu. Additionally, you get one complimentary spa treatment at the multi-award-winning LUX\* Me Spa, seaplane roundtrip transfers, arrival PCR Test at the LUX\* Lounge and much more, as part of this retreat.

Retreat dates: **27 - 29 July 2021**

Booking window: **Till 20 July, 2021**

Starting Price: **USD 1,254 (2 adults)** and **USD 765 (1 adult)** on Full Board basis

Booking link: <https://www.luxresorts.com/en/maldives/hotel/luxsouthariatoll>

Booking code: **spiritofsea**

For more information, visit [www.luxresort.com](http://www.luxresort.com). To make a reservation, email at [STAY@luxmaldivesresort.com](mailto:STAY@luxmaldivesresort.com)

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**About LUX\* Resorts & Hotels**

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LUX\* Resorts & Hotels helps people to celebrate life by delivering consistently on the promise of a different kind of luxury; hospitality that is Lighter. Brighter. LUX\* stages exceptional experiences in different locales – whether on the Beach, in the City or in Nature – by banishing thoughtless patterns and being more simple, fresh and sensory for the benefit of all our guests. <https://www.luxresorts.com/>

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